

Your wellbeing partner.



Case Study 1



**We are DocHQ
Your wellbeing partner.**

Customer: Global Asset Management Business

Sector: Finance

Challenge: The business had started to see a steady increase year on year of sickness and absence. Prolonged absences were adding more pressure to specific business streams and having detrimental impacts on colleagues. The business wanted to support their workforce health and reduce sickness absence. The business wanted to illustrate that employee health was critical to a well performing business.

Solution: Health screening was provided as an enhancement to current employee benefits.

An information pack was shared to all employees to explain the benefits of health screening and what the process entails, to encourage employees to take part in the programme and appreciate its real value. The employees were invited to join the health screening programme. Interested employees were able to register and create their own login. In the employee login, dates and appointment times were available for the employee to book their timeslot. Confirmation was then sent out to the employee, with the ability to reschedule or cancel their appointment if required.

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The employee was asked to fill in the questionnaire prior to the appointment which provided medical background information. The answers to the questionnaire can be viewed in the employee login, keeping all information private and in one place.

DocHQ used a suitable room on location, to set up the equipment required to complete the screening. This minimised the time employees took out of work and reduced any additional travel times. The early morning slots proved very popular. The Healthcare professionals met with the employees at the allotted times and recorded medical data. Blood samples were taken, collated, and dispatched to the lab for analysis.

Lab results are incorporated into a report along with the employee's medical information. Explanation and advice based on the results are provided in the report with Dr oversight. Guiding employees to any next steps is essential for the employee in getting the health support they need as quickly as possible.

DocHQ also ensures all year-round employee engagement with access to our DocHQ Health Hub to complement the health screening. Our Health Hub is full of useful information and advice to help your employees improve their general health and wellbeing.

Results: Identification of current and future health risks

Reports have helped to identify health concerns specific to a particular division. Health and safety changes can then be made to help reduce health concerns. Reports have highlighted general trends which are used to predict risks within the business. Regular screening has highlighted individual trends and flagged up possible problem areas. This information helps employees make lifestyle changes or get further health support, improving all round employee wellness. Improvements in employee wellness are indicated by the 6% reduction in employee absence.

The business feels like they have a better handle on the general health of its employees, with a more structured management of absentees and a more engaged and focussed workforce.



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